

**COGNITIVE STIMULATION THERAPY
PRACTITIONER CERTIFICATION TRAINING
AGENDA**

Friday, October 27, 2023

Morning Session

8:00 AM – 8:15 AM	Welcome and Introductions
8:15 AM- 9:00 AM	Introduction to Dementia, presented by Angela Sanford, MD Dr. Sanford will provide an overview of dementias and current assessment and treatment options.
9:00 AM – 9:45 AM	Different perspectives of dementia CST Historical Perspective, Development, and Evidence <i>A view of different perspectives of dementia will be presented followed by an introduction of CST interventions and discussion of the evidence that supports the implementation of this non-pharmacologic intervention.</i>
9:45 AM – 10:00 AM	CST In Action Video
10:00 AM –10:30 AM	CST Key Features and Guiding Principles
10:30 AM – 10:45 AM	Break
10:45 AM – 11:30 AM	Implementation of Group CST Intervention and Why CST Works. <i>We will introduce the CST group structure, 14 session themes and you will be provided a review of the evidence behind CST effectiveness</i>
11:30 AM – 12:00 PM	CST In Action Videos
12:00 PM- 12:30 PM	Lunch

Afternoon Session

12:30 PM – 1:30 PM	<i>Skills practice</i> <i>Discussion and practice of skills and session activities with a CST group</i>
1:30 PM – 2:00 PM	Group Development/Assessment and Maintenance CST (mCST)
2:00 PM– 2:15 PM	Break
2:15 PM- 2:45 PM	Group Dynamics-Cultural Dynamics-Virtual CST
2:45 PM- 3:15 PM	Physical Movement with CST, Billing for Services
3:15 PM -3:45 PM	<i>Group Discussion and action plan</i>
3:45 PM-4:00 PM	Wrap up and Evaluation